ITERATIVE FILTERING AS AN ALTERNATIVE ALGORITHM FOR
EMPIRICAL MODE DECOMPOSITION

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Abstract. The empirical mode decomposition (EMD) was a method pioneered by Huang et al [8] as an alternative technique to the traditional Fourier and wavelet techniques for studying signals. It decomposes a signal into several components called intrinsic mode functions (IMF), which have shown to admit better behaved instantaneous frequencies via Hilbert transforms. In this paper we propose an alternative algorithm for empirical mode decomposition (EMD) based on iterating certain filters, such as Toeplitz filters. This approach yields similar results as the more traditional sifting algorithm for EMD. In many cases the convergence can be rigorously proved.

1. Introduction

Signal and data analysis is an important and necessary part in both research and practical applications. Understanding large data set is particularly important and challenging given the explosion of data and numerous ways they are being collected today. While many data sets are used to estimate parameters or to confirm certain models, finding hidden information and structures is often a challenge in data and signal analysis. Unfortunately for the latter we often encounter several difficulties: The data span is short; the data represent a nonlinear process and is non-stationary; the essential information in the data is often mingled together with noise or other irrelevant information.

Historically, Fourier spectral analysis has provided a general method for analyzing signals and data. The term “spectrum” is synonymous with the Fourier transform of the data. Another popular technique is the wavelet transform. These techniques are often effective, but are known to have their limitations. To begin with, none of these techniques is data adaptive. This can be a disadvantage in some applications. There are other limitations. For example, the Fourier transform may not work well for non-stationary data or data from

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nonlinear systems. It also does not offer spatial and temporal localization to be useful for some applications in signal processing. The wavelet transform captures discontinuities very successfully. But it too has many limitations; see [8] for a more detailed discussion.

The empirical mode decomposition (EMD) for data, which is a highly adaptive scheme serving as a powerful complement to the Fourier and wavelet transforms, was proposed by Norden Huang et al [8]. This study was motivated primarily by the need for an effective way for analyzing the instantaneous frequency of signals, from which hidden information and structures can often be brought to conspicuous view. The notion of instantaneous frequency is not without controversies. It has not been accepted by all researchers in mathematics and engineering, see e.g. [1]. Nevertheless this concept has proven to be useful in many applications. Traditionally, instantaneous frequency of a signal is defined through its Hilbert transform. Let \( X(t) \) be a function (a signal). The Hilbert transform \( X(t) \) is defined as

\[
X^H(t) := \frac{1}{\pi} \text{PV} \int_{\mathbb{R}} \frac{X(s)}{t-s} \, ds,
\]

where PV is the principal value of the integral. Another way to understand the Hilbert transform is from its Fourier transform. It is easy to show that (1.1) yields

\[
\hat{X}^H(\xi) = -i \text{sign}(\xi) \hat{X}(\xi),
\]

where sign(\( \xi \)) is the standard signum function taking the value +1 if \( \xi > 0 \), −1 if \( \xi < 0 \), and 0 otherwise. Now write \( Z(t) := X(t) + iX^H(t) = a(t)e^{i\theta(t)} \) where \( a(t) = |Z(t)| \). The instantaneous frequency at time \( t \) is now defined to be \( \omega(t) := \theta'(t) \).

The problem is that the instantaneous frequency obtained in this fashion is often meaningless. A simple example is to take \( X(t) = \cos(t) + b \) where \( b \) is a constant. We have \( X^H(t) = \sin(t) \). For \( b = 0 \) the corresponding \( Z(t) = e^{it} \) yields the perfect instantaneous frequency \( \omega(t) = 1 \). Ideally as we vary the constant \( b \) the instantaneous frequency should remain the same. However, this is far from being true. For \( b = 1 \) we get \( Z(t) = 2 \cos(\frac{t}{2})e^{i\frac{t}{2}} \), yielding \( \omega(t) = 1/2 \). In fact by varying \( b \) one can obtain a continuum reading of instantaneous frequencies at any given \( t \). Thus in this example for \( b \neq 0 \) the instantaneous frequency obtained from the Hilbert transform is not meaningful.

The EMD was introduced in [8] to address this problem. In the EMD a data set is decomposed into a finite, often small, number of components called Intrinsic Mode Functions (IMF), which satisfy the following two conditions:
• The number of the extrema and the number of the zero crossings of an IMF must be equal or differ at most by one.
• At any point of an IMF, the mean value of the envelopes defined by the local extrema is zero.

Although it is by no means mathematically proven, IMFs do seem to admit in general better behaved Hilbert transforms that often lead to meaningful readings for the instantaneous frequency of the data. This process is known as the Hilbert-Huang transform (HHT). EMD and HHT have found many successful applications in analyzing a very diverse range of data sets in biological and medical sciences, geology, astronomy, engineering, and others; see [2, 4, 8, 9, 14, 10]. Many of them cannot be fully captured easily by spectral or wavelet techniques.

The original EMD is obtained through an algorithm called the sifting process. The local maxima and minima in the process are respectively connected through cubic splines to form the so-called upper and lower envelopes. The average of the two envelopes is then subtracted from the original data. EMD is obtained after applying this process repeatedly. The sifting algorithm is highly adaptive; it is also unstable. A small change in data can often lead to different EMD. As powerful as EMD and HHT are in many applications, a mathematical foundation is virtually nonexistent. Many fundamental mathematical issues such as the convergence of the sifting algorithm, the orthogonality of IMFs and others have never been established. The difficulty is partly due to the highly adaptive nature of the sifting algorithm as well as the ad hoc nature of using cubic splines. In [2] the cubic splines were replaced by B-splines, which gives an alternative way for EMD. But again this modification does not resolve those mathematical issues. Overall, building a mathematical foundation remains a big challenge in the study of EMD and HHT. Norden Huang, the principal author of [8], has repeatedly called for help from mathematicians who have been working in the area.

This paper is an attempt to address the aforementioned mathematical issues, and to lay down a mathematical framework for an alternative approach to EMD. Given the difficulty encountered from relying on cubic splines or B-splines, our alternative algorithm calls for replacing the mean of the envelopes by certain “moving average” in the sifting algorithm.
The moving average can be adaptive in the sense that it is data dependent. We establish rigorous mathematical criteria for convergence under certain conditions.

It should be pointed out that as with the B-spline EMD, our new approach to EMD may or may not lead to similar decompositions as the traditional EMD. It is not our intention to claim that this alternative algorithm for EMD is superior to the traditional EMD. Rather, our intention is to present a different approach that can serve as a complement to it, with which some rigorous mathematical properties can be proved. An added advantage is that this alternative approach can readily be extended to higher dimensions. We hope that our attempt will encourage others to do likewise in our combined effort to lay out a comprehensive mathematical foundation for EMD and the Hilbert-Huang transform.

2. Iterative Filters as an Alternative Algorithm for EMD

The essence of EMD is to decompose a signal into intrinsic mode functions, from which the instantaneous frequencies can be analyzed using HHT. Before discussing our own approach we first briefly describe the sifting algorithm for the traditional EMD. Let \( X(t) \) be a function representing a signal, where \( t \in \mathbb{R} \) or \( t \in \mathbb{Z} \). Let \( \{t_j\} \) be the local maxima for \( X(t) \). The cubic spline \( E_U(t) \) connecting the points \( \{(t_j, X(t_j))\} \) is referred to as the upper envelope of \( X \). Similarly, with the local minima \( \{s_j\} \) of \( X \) we also have the lower envelope \( E_L(t) \) of \( X \). Now define the operator \( S \) by

\[
S(X) = X - \frac{1}{2}(E_U + E_L).
\]

In the sifting algorithm, the first IMF in the EMD is given by

\[
I_1 = \lim_{n \to \infty} S^n(X),
\]

where \( S^n \) means applying the operator \( S \) successively \( n \) times. The limit is taken so that repetitively applying \( S \) will no longer change the remaining signal. This implies that the resulting \( I_1 \) is an IMF, which has zero mean everywhere. Subsequent IMF’s in the EMD are obtained recursively via

\[
I_k = \lim_{n \to \infty} S^n(X - I_1 - \cdots - I_{k-1}).
\]
The process stops when \( Y = X - I_1 - \cdots - I_m \) has at most one local maximum or local minimum. This function \( Y(t) \) denotes the trend of \( X(t) \). The EMD is now complete with

\[
X(t) = \sum_{j=1}^{m} I_j(t) + Y(t).
\]

One of the main unresolved questions mentioned earlier is the convergence of \( S^n(X) \) in general. Even though in practice we stop the iteration once some stopping criterion is met (and the stopping criterion rarely calls for high precision), it is still important to know whether such criterion will ever be met. Interestingly, although there is no mathematical proof for the convergence, there have been no examples in which the sifting algorithm fails to stop.

We should point out that the sifting process is highly adaptive and nonlinear. At different stages the sifting operators are different. Thus the notation \( S^n \) is in fact an abuse of notation. However, given there is no confusion we shall adopt it anyway because of its simplicity.

Here we propose an alternative algorithm for EMD. Instead of using the envelopes generated by splines we use a “moving average” to replace the mean of the envelopes. The essence of the sifting algorithm remains. Let \( \mathcal{L} \) be an operator such that \( \mathcal{L}(X)(t) \) represents some moving average of \( X \). Now define

\[
T(X) = X - \mathcal{L}(X).
\]

The IMF’s are now obtained precisely via the same sifting algorithm (2.2) for obtaining the traditional IMF’s, where the operator \( S \) is now replaced by \( T \). Note again we abuse the notation here because at different steps the operator \( \mathcal{L} \) are different. Thus, the first IMF in our EMD is given by \( I_1 = \lim_{n \to \infty} T^n(X) \), where \( T^n \) means applying operator \( T \) successively \( n \) times to \( X \) and subsequently \( I_k = \lim_{n \to \infty} T^n(X - I_1 - \cdots - I_{k-1}) \). Again the process stops when \( Y = X - I_1 - \cdots - I_m \) has at most one local maximum or local minimum.

The critical question is how do we choose the moving average operator \( \mathcal{L}(X) \) to replace the mean of the envelopes. Ideally this choice should be data adaptive, easy to implement and analyze, and the sifting algorithm should converge. The simplest choice for the moving average is an adaptive local weighted average.
Since in applications the data are discrete and finite, we shall focus first on \(X(t)\) being a discrete-time signal, \(X = X(n)\) where \(n \in \mathbb{Z}\). We consider the moving average \(Y = \mathcal{L}(X)\) given by \(Y(n) = \sum_{j=-m}^{m} a_j(n)X(n+j)\), where \(m = m(n)\). \(a(n) = (a_j(n))_{j=-m}^{m}\) is called the mask (or filter coefficients) for \(\mathcal{L}\) at \(n\). We say \(\mathcal{L}\) has uniform mask if \(a(n) = a\) are independent of \(n\), and use \(\mathcal{L}_a\) to denote this operator. In other words, \(\mathcal{L}_a(X) = Y\) has \(Y(n) = \sum_{j=-m}^{m} a_jX(n+j)\).

Note that with this algorithm we are iterating the filter \(T = I - \mathcal{L}_a\), which is a Toeplitz filter with finite support on \(l^p(\mathbb{Z})\) for \(1 \leq p \leq \infty\) in this case. We shall call our schemes iterative filters (IFs). In the rest of the paper we study IFs as an alternative algorithm for decomposing data and provide numerical examples to compare this alternative algorithm with the original EMD.

The fact that IFs use uniform mask (chosen adaptively) for the operator \(\mathcal{L}\) in the process of extracting each IMF may be a limitation when the data to be processed are nonstationary. As we shall see, for stationary data IFs work very well. An advantage of uniform mask is that in this setting we can establish rigorous convergence criteria, which we prove below. Another important advantage for using IFs is the flexibility in designing the filters, which proves very useful in some applications, e.g. a recent study of using cardio-interbeat time series for classifying CHF patients [12]. For many nonstationary data, however, a uniform mask may not work as well. One may need to choose \(\mathcal{L}\) with nonuniform mask. We shall discuss these later. One of the major issues is that with nonuniform mask the convergence of the sifting algorithm is harder to establish mathematically. This is perhaps why we have focused more on the uniform mask case. However, there is some encouraging recent development in this direction. Convergence criteria for a broad class of \(\mathcal{L}\) with nonuniform mask have been established in an ongoing work by Huang and Yang [7]. Our numerical examples will include both cases.

To study finite data it is common that we extend them to infinite data via some form of periodic extension. So without loss much generality we may assume \(X = X(n)\) is periodic, i.e. there exists an \(N > 0\) such that \(X(n+N) = X(n)\) for all \(n \in \mathbb{Z}\). The following theorem establishes the convergence of the IFs sifting algorithm in the uniform mask setting.

**Theorem 2.1.** Let \(a = (a_j)_{j=-m}^{m}\) and \(T(X) = X - \mathcal{L}_a(X)\). Denote \(\hat{a}(\xi) = \sum_{j=-m}^{m} a_j e^{2\pi ij\xi}\).
Let $N > 2m$. Then $T^n(X)$ converges for all $N$-periodic $X(n)$ if and only if for all $\xi \in \frac{1}{N} \mathbb{Z}$ we have either $\hat{a}(\xi) = 0$ or $|1 - \hat{a}(\xi)| < 1$.

(ii) $T^n(X)$ converges for all periodic $X(n)$ if and only if for all $\xi \in \mathbb{Q}$ we have either $\hat{a}(\xi) = 0$ or $|1 - \hat{a}(\xi)| < 1$.

**Proof.** We first prove (i). Since for every $N$-periodic $X$ the function $Y = T(X)$ is also $N$-periodic, the convergence of $Y_n := T^n(X)$ is equivalent to the convergence of

$$y_n := [Y_n(0), Y_n(1), \ldots, Y_n(N - 1)]^T.$$

Now we extend $a$ to $(a_j : -m \leq j \leq N - m - 1)$ such that $a_j = 0$ for $j > m$. Define the $N \times N$ matrix $M = [c_{ij}]_{i,j=0}^{N-1}$ by $c_{ij} = a_k$ where $k$ is the unique integer $-m \leq k \leq N - m - 1$ such that $k \equiv i + j \pmod{N}$. We have

$$y_n = (I_N - M)^n x$$

where $x = [X(0), X(1), \ldots, X(N - 1)]^T$. Thus $y_n$ converges for all $x \in \mathbb{R}^N$ if and only if the eigenvalues $\lambda$ of $I - M$ have either $\lambda = 1$ or $|\lambda| < 1$ and the dimension of the eigenspace for $\lambda = 1$ equals the multiplicity of the eigenvalue 1. Note that $M$ is a cyclic matrix whose eigenvalues are well known to be precisely $\hat{a}(j/N)$, $j = 0, 1, \ldots, N - 1$, counting multiplicity (these values may not be distinct), with corresponding eigenvectors

$$v_j = [1, \omega_N^j, \omega_N^{2j}, \ldots, \omega_N^{(N-1)j}]^T$$

where $\omega_N = e^{2\pi i/N}$. The eigenvalues of $I - M$ are thus $1 - \hat{a}(j/N)$, $j = 0, 1, \ldots, N - 1$, counting multiplicity. The vectors $\{v_j\}$ are linearly independent because the $N \times N$ matrix $[v_0, v_1, \cdots, v_{N-1}]$ is a Vandermonde matrix with distinct columns. This implies that the dimension of the eigenspace for the eigenvalue 1 equals its multiplicity. Hence $y_n$ converges for all $x \in \mathbb{R}^N$ if and only if for all $j = 0, 1, \ldots, N - 1$ we have either $\hat{a}(j/N) = 0$ or $|1 - \hat{a}(j/N)| < 1$. Note that $\hat{a}(\xi) = \hat{a}(\xi + 1)$. Part (i) of the theorem now follows.

Part (ii) is essentially a corollary of part (i). First, observe that if $X$ is $N$-periodic that if is also $kN$-periodic. So we may without loss of generality consider the convergence for all periodic $X$ with period $N > 2m$. Part (ii) now follows from part (i) as $\mathbb{Q} = \bigcup_{N>2m} \frac{1}{N} \mathbb{Z}$. $\blacksquare$

**Corollary 2.2.** Let $a = (a_j)_{j=-m}^m$ and $T(X) = X - L_a(X)$. Assume that for an $N$-periodic $X(n)$ we have $\lim_{n\to\infty} T^n(X) = Y$, where $N > 2m$. Then

$$Y = \sum_{k \in \Gamma} c_k E_k,$$

\[(2.5)\]
where $\Gamma = \{0 \leq k < N : \hat{a}(k/N) = 0\}$, $E_k$ is given by $E_k(n) = e^{2\pi i kn/N}$ and
\[
c_k = \frac{1}{N} \sum_{j=0}^{N-1} X(j) e^{-2\pi i kj/N}.
\]

**Proof.** Let $x = [X(0), X(1), \ldots, X(N-1)]^T$ and $y = [Y(0), Y(1), \ldots, Y(N-1)]^T$. Then $y = \lim_{n \to \infty} M^n x$, where $M$ is defined in the proof of Theorem 2.1. The vectors $v_j$ defined in the proof of Theorem 2.1 are eigenvectors for the eigenvalues $1 - \hat{a}(j/N)$, respectively. They also form an orthogonal basis for $\mathbb{C}^N$. Write
\[
x = \sum_{k=0}^{N-1} c_k v_k
\]
where $c_k = \frac{1}{N} \sum_{j=0}^{N-1} X(j) e^{-2\pi i kj/N}$. Then
\[
M^n x = \sum_{k=0}^{N-1} c_k (1 - \hat{a}(k/N))^n v_k.
\]
This yields $y = \sum_{k \in \Gamma} c_k v_k$ should $M^n x$ converges. The corollary now follows.

It is worth noting that many high pass filters also satisfy the convergence conditions. But they are not suitable for obtaining the moving averages of signals and we do not consider them in this study.

In practical applications we often choose to make the filters (masks) symmetric, i.e. $a_j(n) = a_{-j}(n)$ for all $j$ and $n$. For a symmetric filters $a$ we have $\hat{a}(\xi) \in \mathbb{R}$. In this case, it is easy to see that $a$ has the property that for all $\xi \in \mathbb{Q}$ we have either $\hat{a}(\xi) = 0$ or $|1 - \hat{a}(\xi)| < 1$ is equivalent to the property that $0 \leq \hat{a}(\xi) < 2$ for all $\xi \in \mathbb{Q}$, which is in turn equivalent to $0 \leq \hat{a}(\xi) \leq 2$ for all $\xi \in \mathbb{R}$ with $\hat{a}(\xi) \neq 2$ for $\xi \in \mathbb{Q}$.

**Proposition 2.3.** Let $a = (a_j)_{j=-m}^m$ be a symmetric mask. Then $0 \leq \hat{a}(\xi) \leq 2$ for all $\xi \in \mathbb{R}$ is equivalent to $\hat{a}(\xi) = |\hat{b}(\xi)|^2$ for some mask $b = (b_j)_{j=0}^m$ with $|\hat{b}(\xi)| \leq \sqrt{2}$.

**Proof.** The fact that $\hat{a}(\xi) = |\hat{b}(\xi)|^2$ for some mask $b$ follows directly from Fejer-Riesz Theorem since $\hat{a}(\xi) \geq 0$ is a nonnegative trigonometric polynomial. Obviously we must have $|\hat{b}(\xi)| \leq \sqrt{2}$. Finally we can always choose in the form of $b = (b_j)_{j=0}^m$ because translating the mask does not change $|\hat{b}(\xi)|^2$. Now we can choose $l = m$ because the support of $a$ is from $-m$ to $m$. ■
A simple class of $\mathcal{L}$ with uniform mask is the double averaging filter with mask $a_m$ where $a_m$ is given by $\hat{a}_m(\xi) = |\hat{b}_m(\xi)|^2$, with $b_m = (b_j)^m_{j=0}$, $b_j = \frac{1}{m+1}$. When $m$ is an odd number, this is equivalent to averaging over the neighborhood of radius $m$ twice. $a_m = (a_j)^m_{j=-m}$ has the explicit expression $a_j = \frac{(m+1-j)}{(m+1)^2}$. It is clear that the double averaging masks satisfy the condition $0 \leq \hat{a}(\xi) \leq 1$ so convergence of the sifting algorithm with $T = I - \mathcal{L}_a$ is assured. Furthermore, the zeros of them are known: $\hat{a}_m(\xi) = 0$ if and only if $\xi = \frac{k}{m+1}$, $1 \leq k \leq m + 1$.

An adaptive version of the double averaging filter seem to work well numerically. In this version, the moving average operator $\mathcal{L}$ has mask $a_m$ at $n$ with $m = m(n)$. By varying $m(n)$ according to the local density of the local extrema this approach seems to work well for nonstationary data in numerical experiment. The convergence of the sifting algorithm, however, has not been established yet.

In the continuous setting the moving average can be similarly defined through an integral operator

\begin{equation}
\mathcal{L}(X)(t) = \int_{\mathbb{R}} k(s, t)X(s)ds.
\end{equation}

The equivalence of uniform mask in the continuous setting is to set $k(s, t) = g(s - t)$ for some $g$. For periodic functions the convergence with uniform kernel is easily analyzed by considering the Fourier transform of the kernel. Also, one attractive feature of this alternative approach to EMD is its easy extension to higher dimensions. The entire machinery can readily be adopted for use on higher dimensional data. Such study will be presented in a future paper. A far more challenging mathematical problem is to analyze the convergence of $T^n(X)$ for general $X \in l^\infty$. This question is considered by Wang and Z. Zhou in [15].

3. Implementation of Iterative Filters for Data Decomposition

We have primarily focused on using the double averaging filter to perform the alternative algorithm of EMD using IFs. This is partly because of its simplicity as well as its effectiveness in our experiments. For effective sifting we need to choose both the right window size for the double averaging mask and the right stopping criteria.

In our approach we choose the window size of our filter primarily according to the frequency of oscillations in the signal, which is very much related to how the envelopes are
obtained in [8]. Let $N$ be the sample size of our data $X(t)$, and let $k$ be the number of local maxima and minima in the data. The simplest way to choose the window size is

$$m = \left\lfloor \frac{\alpha N}{k} \right\rfloor$$

(3.1)

where $\alpha$ can be adjusted. For most of our numerical experiments we choose $\alpha = 2$. This setting works very well for stationary $X(t)$; even for some nonstationary ones it seems to work well, see the examples in the next section. We have also found that the algorithm is rather robust with respect to small perturbations of the parameter $\alpha$.

For nonstationary data, especially extremely nonstationary data, it will be wise to use a more adaptive moving average with nonuniform mask. More sophisticated method for choosing the mask will be needed. It is rather natural to choose a moving average operator whose mask at time $t$ depends on the local density of the extrema. We shall describe in detail how such nonuniform masks were chosen in [7] in one of the examples later. The convergence of sifting algorithm with nonuniform mask in the continuous time setting is established in [7] for certain class of signals. In the discrete time setting the convergence appears more difficult to prove. A more comprehensive study on this is an ongoing project.

An important part of EMD is the stopping criteria for the sifting algorithm. For this we employ the same standard deviation criteria as in [8]. Let $I_{k,n}(t) = T_k^n(X(t) - I_1(t) - \cdots - I_{k-1}(t))$. Define

$$SD = \frac{\sum_{t=0}^{N-1} |I_{k,n}(t) - T_{k,n-1}(t)|^2}{\sum_{t=0}^{N-1} |T_{k,n-1}(t)|^2}.$$  

(3.2)

We stop the iteration when SD reaches certain threshold. The smaller SD is the more sifting we do. There is a clear tradeoff here. With a small SD more IMFs will be obtained, some of them may not be useful to lead us to more insight. With a larger SD one may not be able to obtain satisfactory separations. This is an area where further study will be needed. In our numerical experiments we have used SD ranging from 0.001 to 0.2. For one of the examples in this paper, a small SD was needed to separate $\sin(2t)$ and $\sin(4t)$. 


Figure 1. On the left is the original function composed from two sinusoidal functions. The two IMF’s separated by our method are shown in the middle and on the right. They are essentially identical to the two original sinusoids.

4. NUMERICAL EXPERIMENTS

In this section we demonstrate the performance of the proposed new approach to EMD through a series of examples involving a wide variety of data. We examine the IMF’s and their instantaneous frequencies.

In all our numerical experiments we determine the window size $m$ in each decomposition as in (3.1) with $\alpha = 2$. Unless otherwise specified we use $SD = 0.2$ for our stopping criterion. Note that by lowering the value SD we can achieve better separations in general. However, this will often yield more IMF’s, especially when the data have noise. It should be noted that in different illustrations the scales often vary to better illustrate each IMF.

Example 1. We first test our EMD on a standard test functions, where the test functions are combinations of two sinusoidal functions. Figure 4 left is given by

$$f(t) = \sin(t) + \sin(4t).$$

The proposed algorithm easily separates out the two components as the IMF’s, which are shown as the middle and right plots in Figure 4.

Even when the two sinusoids have close frequencies our method still separates them easily. However, one needs to do more sifting by lowering the stopping criterion. Figure 2 shows the test on $f(t) = \sin(2t) + \sin(4t)$ with stopping criterion set at $10^{-4}$. Our method separates these two sinusoids almost perfectly.
Figure 2. Left: the original function $f(t) = \sin(2t) + \sin(4t)$. Middle and Right: the IMF’s separated by the proposed method.

Figure 3. Left: A nonstationary function. The middle and right plots are the first two IMF’s separated by the proposed alternative EMD algorithm.

**Example 2.** We test our algorithm on a simple nonstationary function given by

$$f(t) = \frac{7}{2} t + \sin(4t) + \frac{1}{2} \sin(63t).$$

The results are shown in Figures 3 and 4. As one can see, the three components have been separated. The first IMF gives $\frac{1}{2} \sin(63t)$ and the second gives $\sin 4t$. The residue (trend) is $\frac{7}{2} t$. The instantaneous frequencies for the first two IMF’s are shown in Figure 4. The instantaneous frequency function for the IMF’s lie around 63 and 4 respectively, as they are supposed to be.

**Example 3.** We test our algorithm on a frequency modulated signal with additive noise. Here the signal is given by

$$f(t) = 2 \sin(2t + 0.65 \sin(t^2)) + 5 \sin(9.125t + 0.037t^2) + \epsilon(t),$$

where $\epsilon(t)$ is a spatially uniformly distributed random variable in $[-0.5, 0.5]$. The IMF’s are shown in Figure 5. The first two IMF’s correspond to noise. The last IMF is the residual...
Figure 4. Left: the third IMF (trend) of the signal shown on the left in Figure 3. The middle and right pictures show the instantaneous frequencies for the second (middle) and third (right) IMF’s shown in Figure 3.

Figure 5. Top left: the original function of two FM signals with additive noise. The others are the IMF’s separated by our method.

The most relevant IMF’s are the 4th and the 5th, which correspond to the two FM components. Their instantaneous frequencies are shown in Figure 6.

Example 4. In this example we test the impact of noise. This is a rather challenging case given the amount of noise and the proximity of the two frequencies. Let

\[ f(t) = \sin(2t) + 2\sin(4t) + \eta(t), \]
Figure 6. The instantaneous frequencies of the 4th and the 5th IMF’s shown in Figure 5 respectively.

Figure 7. Left: The original signal $f(t) = \sin(2t) + 2\sin(4t) + \eta(t)$ where $\eta(t)$ is an i.i.d. Gaussian noise with distribution $N(0,3)$. The other three plots show the 9th, 10th and 11th IMF’s, respectively.

where $\eta(t)$ is an i.i.d Gaussian random noise of distribution $N(0,3)$. The signal-to-noise ratio is $-5.6$ dB. With the stopping criterion set as $10^{-4}$, our method yields 11 IMF’s. The first 9 components essentially correspond to noise. Figure 7 plots the original signal and the last three IMF’s. We omit the first eight IMF’s since they mainly correspond to the noise. It is quite remarkable that the last two components actually closely recover the two sinusoidal components in the original signal. We have also tested for uniform noise from -6 to 6. The noise-to-signal ratio is 6.8 dB. The result is quite similar.
Example 5. This example demonstrates how nonuniform mask can be used to treat a highly nonstationary signal, courtesy of the authors of [7]. Let $f(t) = \cos(4\pi\lambda(t)t) + 2\sin(4\pi t)$ where $\lambda(t)$ is given by $\lambda(t) = 4 + 32t$ for $0 \leq t \leq 0.5$ and its symmetric reflection $\lambda(t) = \lambda(1 - t)$ for $0.5 \leq t \leq 1$. As before we work with the discretized version of $f(t)$ with $x(k) = f(k/N)$. To perform EMD using nonuniform double average filter mask one needs to find a good mechanism for specifying the length of the mask at a given $k$. This is done as follows in [7]: Let $n_j$ be the local extrema of the discretized $x(k)$. The mask length at $k = n_j$ is

$$w(n_j) = \frac{2N}{n_{j+2} - n_{j-2}}.$$  

Now connect the points $(n_j, w(n_j))$ using a cubic spline. The mask length $w(k)$ for any other $k$ is given by the interpolated value using the spline. Using this non-uniform mask the EMD yields essentially a perfect decomposition with two IMF’s, see the right figure in Figure 8. In comparison, the EMD using uniform mask is given on the left of Figure 8.

Example 6. We compare the traditional EMD with this alternative EMD using a couple of real world data. Figure 9 is a partial side-by-side comparison of the two algorithms on DST data. The traditional EMD yields 5 IMF’s while our method yields 7 IMF’s. Figures 9 and 11 compare the first 11 IMF’s of the rainfall data using our alternative EMD and the original EMD, respectively. As one can see the similarities are unmistakable.
Figure 9. The left figure shows the original DST data, the first and the last IMF using the original EMD. The right figure shows the original, the first and the last IMF using our alternative EMD.

5. Conclusion

In this paper we have provided an alternative algorithm for the empirical mode decomposition (EMD) using iterative filters (IFs). This alternative approach replaces the mean of the spline-based envelopes in the original sifting algorithm by an adaptively chosen moving average.

One of the goals of this alternative algorithm is to address the concern that the classical EMD is hard to rigorously analyze mathematically due to the lack of analytical characterization of the cubic spline envelopes. The use of a moving average allows in many cases for a more rigorous mathematical analysis of this proposed alternative EMD.

We would like to emphasize once again that it is not our intention to claim that IFs as an alternative EMD is superior to the classical EMD simply because it allows us to prove some convergence results. Rather, we view it as a complementary tool for the classical EMD. In many cases, especially for stationary data, IFs and the classical EMD often lead to comparable results. When the data are nonstationary moving averages with nonuniform masks may need to be used to perform the decomposition effectively. There are still some mathematical questions that need to be further studied. The IFs have one advantage over the classical EMD: It is more stable under perturbations. For example, the classical EMD is sensitive to the alteration of a small set of values in the data. Changes in one segment of
the data can lead to very different decompositions. The moving average based approach is more stable under these settings.

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Figure 10. First 11 IMFs of the rainfall data using the alternative EMD
Figure 11. First 11 IMFs of the rainfall data using the original EMD

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