Proxies for overshooting above a convection zone

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Abstract. Due to the up/down asymmetry caused by stratification, overshooting above differs from overshooting below a convection zone. The flux of kinetic energy, frequently used as a proxy of overshooting below a convection zone, cannot be used for the upward problem.

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In many numerical studies, the flux of kinetic energy, \(F_k\), is used as an indicator of the presence of turbulence. The extent of its penetration into the stable layer is taken as the depth of overshooting. Below a convection zone, this is understandable, as \(F_k\) tracks the continuation of the down-flow columns into the region below. Above the convection zone, however, this interpretation does not hold. Upward flows disperse and do not form narrow coherent columns. Thus, other proxies for overshooting need to be found. Based on a set of recently computed numerical models, we discuss the difficulties that arise.

Three cases with different input energy fluxes \((F)\) are discussed here. While all other parameters are the same, \(F\) (Case 3) = 2\(F\) (Case 2) = 4\(F\) (Case 1). The domain is a 3 × 3 × 1 rectangular box (162 × 162 × 122 grids). The depths of the convection zone and the stable zone above are approximately 2.5 and 3.9 pressure scale heights, respectively.

\(F_k\) does not turn positive across the unstable/stable boundary.

![Figure 1](image)

Figure 1. The scaled mean (horizontally and temporally averaged) enthalpy flux \((F_h/F)\), kinetic energy flux \((F_k/F)\), and diffusive flux \((F_l/F)\) are shown by the solid, dotted, and dashed curves, respectively. The value of the total flux \(F\) depends on the case. The case with the largest (smallest) \(F\) produces maximum (minimum) overshoots in the stable region (height > 0.6).
Different overshooting quantities decay with different spatial scales.

**Figure 2.** The solid, dotted, and dashed curves show the scaled root-mean-square (rms) vertical vorticity, \((\text{curl} V_z)''/F^{1/3}\), the scaled rms vertical velocity, \(24.3V_z''/F^{1/3}\), and the scaled upward conditional mean (i.e., average over grid points with positive \(V_z\)) kinetic energy flux, \(10F_{ku}/F\), respectively. The scalings are to assist visual comparisons only. It is clear that the rates of decay are very different. The case with larger flux generally has slower rates of decay.

Some quantities do decay at similar rates.

**Figure 3.** The solid, dotted, dashed, dot-dashed curves show the scaled rms vertical vorticity (same as the previous figure), the scaled rms horizontal velocity, the scaled rms temperature variation, and the scaled rms horizontal vorticity, respectively. The long dashed straight lines show that the initial decay rates of these quantities are similar, over certain portions of the overshoot region. These lines intersect the zero value at distances 0.115, 0.16, and 0.225 from the unstable/stable boundary. The distances scale roughly as 1 : \(2^{1/2} : 4^{1/2}\). If they are taken as the ‘overshoot distance’, the scaling with the flux is \(F^{1/2}\).

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